

# IT'S YOUR TURN TO GROSS YOUR KIDS OUT TONIGHT.

Just tell them that  
if they take meth,  
all this can happen:  
Nausea and vomiting,  
diarrhea, hallucinations  
(like thinking bugs are  
crawling beneath your  
skin), convulsions,  
damaged blood vessels,  
paranoia, violent  
behavior, insomnia,  
addiction, hyperthermia,  
forgetting to eat and  
sleep, weight loss,  
malnutrition, rapid and  
irregular heartbeat,  
increased blood  
pressure, stroke.  
And yes, death.

## METH KILLS. TELL YOUR KIDS.

1-888-8NO-METH  
[drugfree.org/meth](http://drugfree.org/meth)



**The Partnership**  
for a Drug-Free  
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Partnership for a Drug-Free Washington  
1-800-662-9111

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